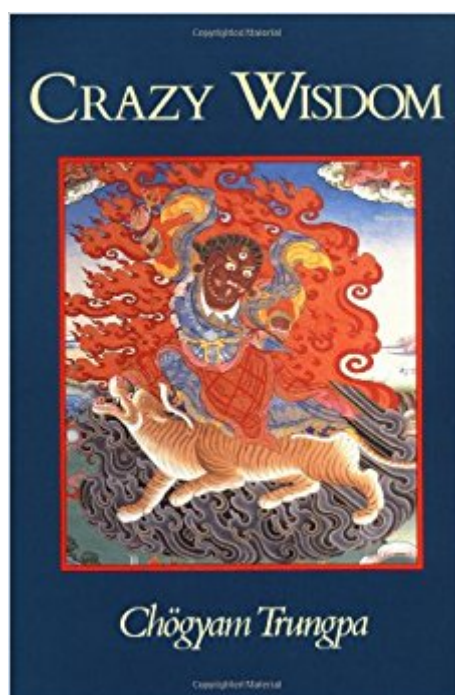


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# Crazy Wisdom (Dharma Ocean)



## Synopsis

Chögyam Trungpa describes "crazy wisdom" as an innocent state of mind that has the quality of early morning – fresh, sparkling, and completely awake. This fascinating book examines the life of Padmasambhava – the revered Indian teacher who brought Buddhism to Tibet – to illustrate the principle of crazy wisdom. From this profound point of view, spiritual practice does not provide comfortable answers to pain or confusion. On the contrary, painful emotions can be appreciated as a challenging opportunity for new discovery. In particular, the author discusses meditation as a practical way to uncover one's own innate wisdom.

## Book Information

Series: Dharma Ocean

Paperback: 216 pages

Publisher: Shambhala (November 13, 2001)

Language: English

ISBN-10: 1570628947

ISBN-13: 978-1570628948

Product Dimensions: 5.5 x 0.6 x 8.4 inches

Shipping Weight: 5.4 pounds (View shipping rates and policies)

Average Customer Review: 4.2 out of 5 stars 23 customer reviews

Best Sellers Rank: #89,804 in Books (See Top 100 in Books) #102 in Books > Politics & Social Sciences > Philosophy > Eastern > Buddhism > Tibetan #140 in Books > Politics & Social Sciences > Philosophy > Eastern > Buddhism > Rituals & Practice #18521 in Books > Religion & Spirituality

## Customer Reviews

Chögyam Trungpa (1940–1987) – meditation master, teacher, and artist – founded Naropa University in Boulder, Colorado, the first Buddhist-inspired university in North America; the Shambhala Training program; and an international association of meditation centers known as Shambhala International. He is the author of numerous books including *Shambhala: The Sacred Path of the Warrior*, *Cutting Through Spiritual Materialism*, and *The Myth of Freedom*.

Yea - go there.

I think that reading this book could potentially ruin your life in the best way possible. You thought you were just going to be an ordinary Buddhist, perfect in your flaws, meditating now and again to calm your mind, meeting cuties at group meditation. That was until Trungpa, the ultimate bull in your beautiful China shop, came thrashing through. He kicked in the windows, broke your tea set, and turned around with this crazy smile on a nostrils-flaring face, and you knew things would never be the same. Chögyam Trungpa Rinpoche is an invaluable teacher in my life. If it were not for him I think I would likely stagnate all the time in my quest to be a good Buddhist. There is a kind of raw energy, openness, directness and contemporariness that I simply don't see elsewhere. He is not trying to be polite or proper, nor to make life easier or "less stressful". His books are not for anyone who is seeking relaxation or stress relief through meditation. He wants to wake you up, and in this text he is going to burn your house down just to make sure you get out of your bed. This book contains powerful lessons for anyone wanting to awaken in Buddhist practice. For all such people, this material can shock you off of your cushion and into real-world interaction with the teachings. There is a kind of energy, a kind of just-do-it mentality, a you-can-do-it-ness, and a what-are-you-waiting-for-ness to this book, that makes me feel like I'm excited to be alive. You're going to need actual instruction, for which I recommend finding a living teacher or some other texts by the same author, such as Training the Mind. But for those who are already into Buddhism and especially Tibetan Buddhism, you should read this book at least once --- kind of like that occasional dip into a cold mountain lake, you might just feel awake and alive in an I-can't-explain-it---just-see-for-yourself kind of way.

Trungpa is direct and merciless when it comes to the tricks of the ego. The teachings is confronting and direct, and in some ways very advanced. Read it if you want to be confronted with reality of life and are motivated to assimilate the path of waking up to your life as it unfolds moment by moment.

Great book at the perfect time

What a fun way to learn things. Seems I can identify with this immensely.

Rare gem of wisdom.

Awesome!

Chogyam Trungpa puts into words such subtle and deep lessons that at times I found myself reinvigorated with the thirst for Dharma knowledge. There are so many texts to choose from within the "genre" of Buddhist literature and at times it can seem disheartening. It is almost as if the great lessons have yet to be translated, but fear not! This book has immediately become one of the most precious books in my library. I have long been a fan of Padmasambhava and have read a few accounts of his life story, but Crazy Wisdom abandons the trappings of linear progression and gets to the heart of the matter. If you value Tibetan Buddhism then I strongly suggest you purchase and voraciously consume the text inside. It will change you. I plan to eventually purchase the entire collection of books by the 11th Tulku of the Trungpa lineage and look forward to what the 12th incarnation will bring into the world.

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